

SUMMER SKILL SESSIONS IN SCHEMA THERAPY

WITH DR ANASTASIYA LOVEGROVE
ISST SUPERVISOR & TRAINER



Working towards your ISST accreditation?

Boost your confidence whilst building your 'therapy muscles' and fine-tuning 12 key therapeutic skills.

Seasoned clinicians?

Keep your 'therapy muscles' toned & strong whilst creatively advancing your unique therapy style.

Summer Skills Sessions offer:

- *Adjustable difficulty levels
- *Skills modelled prior to practice sessions
- *Ongoing facilitator & peer feedback
- *CPD Certificates

Based on **Deliberate Practice in Schema Therapy**

by W. Behary, J.Farrell, A. Vaz, T.Rousemaniere

Facilitator: Dr Anastasiya Lovegrove

ISST Supervisor & Trainer

Join me over 8 **Tuesdays this Summer**

for an opportunity to connect with Schema Therapy peers & practise, practise, practise in a safe virtual space.

DATES AND TIMES

TUESDAY

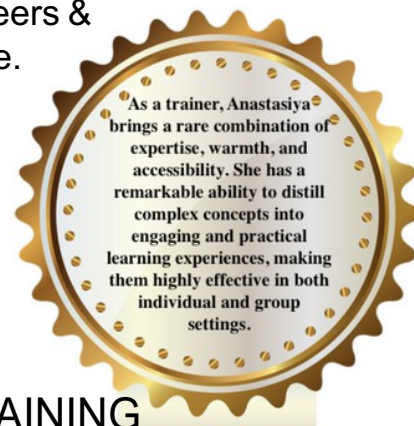
UK TIME: 3 PM- 5PM

JUNE 2nd 9th 16th 23rd 30th

JULY 7th 14th 21st

16 PRACTICE HOURS FOR £300

[HTTPS://WWW.DRLOVEGROVE.CO.UK/SCHEMA-TRAINING](https://www.drlovegrove.co.uk/schema-training)



Endorsed By
Wendy Behary