



INTERNATIONAL CERTIFICATION PROGRAMME IN SCHEMA THERAPY

Application for **STANDARD** Certification Training Programme 2024

Name: (Title and full name for Certificates): _____

Name you prefer to be called by: _____

Profession: _____ Date Qualified: _____

Address: _____

_____ Postcode: _____

Email Address: _____

WORKSHOP DATES

WORKSHOP 1 (3 days): February 23rd / March 1st / March 8th

WORKSHOP 2 (3 days): June 21st / June 28th / July 5th

WORKSHOP 3 (1 DAY): November 8th

All of the above are online workshops.

In addition, 2 complimentary 90-minute case study sessions are provided after Workshop 2.

Procedure

1. Please complete this application form. Please note that. There is a limited number of training places available on the Certification route and submission of this application does not guarantee a place.
Please be aware that priority will be given to applicants who currently have access to clients with PD diagnosis, or clients with significant personality disorder features.
2. After screening, you will be told whether your application has been successful or not.
3. Payment procedures will then be implemented.



The total cost of the **STANDARD** certification route for 2024 is **£3,635**.

The brake down of the **STANDARD** accreditation route cost involved, if an applicant or their funding organization wish to budget and pay for the entire route:

7 Day Training	£845
	£700 early bird discount before 15.12.23
20 Hours of supervision at £120 per/hour	£2,400
*please note, this is an ISST <i>required minimum</i> of supervision hours, but length would vary based in individual trainee's circumstances/needs	with either Mandy or Anastasiya We are ISST Accredited Schema Therapy Supervisors/Trainers
2 Tapes rated £120 per tape	£240
An internal rating done by your ST supervisor	
1 External tape rating	£150
It's an approximation, as prices are specific to each individual external independent rater.	
Total:	£3,635

Please do not send any money until you receive your invoice. We will be very happy to organize payment by instalments if required. Please email enquiries@schematherapywales.com to arrange this.

Will you be self-funding? (please circle or delete). **YES** **NO**

If you are not self-funding please provide invoicing details below. Please note that your organisation will not be contacted until your application for training is successful.

Full name of Trust/Organisation: _____

Purchase order Number (if applicable) _____

Name of person organising payment: _____

Name of person/department we should send the invoice to: _____

_____ Postcode: _____

Tel No: _____ Email Address: _____



Please give specific details of the following:

1. Access to clients with significant impairment in the personality functioning, or clients with significant PD features. Access to clients who are appropriate for schema mode work due to complications, chronicity, failure to respond to treatment ('treatment-resistant') or relapse.
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2. The length of time you would be able to work with your personality disordered clients and other clients as part of the certification programme? It is essential that you are able to provide longer-term treatments to clients (minimum of 12 months)
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3. Any schema therapy training and/or supervision you have already received (if any)
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4. The Certification / Accreditation Programme process requires that your supervisor and external rater(s) have access to recorded sessions with your clients. Is this acceptable, and has it been agreed by your workplace/employer? This is an essential element of training.
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5. Academic Training: You must hold at least a Bachelor's Degree. in a related area ie: psychology, counselling, psychiatric nursing/social work.
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6. Accreditation for clinical practice: you must be accredited with one of the following regulatory bodies, allowing you to provide one-to-one individual therapy:
- 1) BABCP (Full accreditation is required)
 - 2) BACP (at least individual counsellor/psychotherapist accreditation is required)
 - 3) Psychologists are not required to belong to the BABCP or BACP but must be eligible for chartered membership of the BPS and must belong to the HCPC.
- Applicants not holding accredited membership to one of the above bodies may still be eligible to join an ISST-approved training programme if they hold a **core qualification in mental health**. Please see the ISST website for further details. Please give all details including dates and membership numbers:
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7. ISST regulations stipulate that you must complete the certification/accreditation process within 3 years. (extensions can be applied for to the ISST in extenuating circumstances) after completing the workshop element of the programme. Can you commit to this.?
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8. Your current work as a mental health professional and how schema therapy might be useful. Please limit this to about 150 words.
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9. Anything else that you wish to include here.
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Please return this form to the email address below: enquiries@schematherapywales.com

Further information can be found at: www.schematherapywales.co.uk

/ <https://www.drlovegrove.co.uk/schema-training>